How to Put a Sleeve on Your Quilt

1. Decide whether you want the sleeve to be permanent, or temporary. If you only want the sleeve to be temporary, bind the quilt before proceeding.
2. Measure the width of your quilt (it doesn't matter whether you have put the binding on or not for this step).
3. Cut a piece of the fabric you want to use for the sleeve (think about using the same fabric as the backing) 8 ½" long and the same width as your quilt.
4. Finish the sides of the piece by turning under ¼" on each side and stitching on the machine.
5. Fold the bottom edge of the piece, right sides together, up to the top edge. Now the doubled piece measures 4 ¼" by the width of your quilt.
6. Sew a 1/4" seam across the width of the piece to make a tube.
7. Press the seam open, and then turn the sleeve right side out and press the tube so that the seam is in the middle of one side of the tube.
8. If the sleeve is permanent,
    a. Place the sleeve, seam-side down along the top raw edge of the quilt, and machine baste less than ¼" from the edge.
    b. Bind the quilt as usual, including the sleeve in the seam along the top.
    c. Stitch the back side of the binding down through the sleeve and into the back of the quilt. Proceed to step 10 below.
9. If the sleeve is temporary,
    a. Bind the quilt as usual if you haven't already done that.
    b. Place the sleeve, seam-side down, along the bottom edge of the binding along the top of the quilt. It should just fit within the bound edges of the side of the quilt. Hand stitch the top edge of the sleeve to the back of the quilt, avoiding the binding.
10. Smooth the sleeve so it lies flat down the back of the quilt, and then mark a line with chalk ½ inch above the bottom of the sleeve on the back of the quilt. Pull the crease in the sleeve up ½" and secure the sleeve with straight pins along the line you marked. Using your best invisible stitch, sew the bottom edge of the sleeve to the back of the quilt.
11. You're done!